

Course Syllabus and Lesson Plan
RSRS 514 Counseling Theories 3 (3-0-6)
Academic Year 2018

Course Title: Counseling Theories

Course Code: RSRS514

Duration: First Semester

Pre-Requisite: No

Course Homepage: http://www.rs.mahidol.ac.th/academic/master_degree-rehabilitation.html

Course Description:

Counseling Theory concepts; philosophy, characteristics of theories; processes and techniques in counseling; strengths and weaknesses of each theory; implications for rehabilitation counseling services to persons with disabilities; ethics of counselors

Course Objectives: At the end of this course, the students will be able to

1. Explain concept of counseling and the process of rehabilitation counseling.
2. Explain theories, techniques of counseling, strengths and limitations of each theory.
3. Apply counseling theories and techniques appropriately to the process of rehabilitation counseling for person with disabilities.
4. Follow the role and function of professional ethics in rehabilitation science for person with disabilities

Course schedule

week	Topic	Teaching Activities / Media	Lecturer
1	- Introductions & Syllabus overview /classroom activities and grading policy - Conceptual Framework of Counseling	-lecture -Discussion (PPT, Video Clip, Handout)	Dr.Warangkana
2	- Overview to becoming a counselor	-lecture -Discussion (PPT, Video Clip)	Asst.Prof. Dr. Adam

week	Topic	Teaching Activities / Media	Lecturer
3	- Rational Emotive Behavior Therapy	-Lecture -Discussion -Case study (PPT, Video clip)	Dr.Warangkana
4	-Trait Factor Theory -Transactional Analysis Theory	-Lecture -Discussion -Case study (PPT)	Asst.Prof. Dr. Adam
5	- Psychoanalytical Theory - Person-Centered Theory	-Lecture -Discussion -Case study (PPT, Video clip)	Asst.Prof. Dr. Adam
6	-Gestalt Therapy -Existential Theory	-Lecture -Discussion -Case study (PPT, Video clip)	Dr.Warangkana
7	-Behavioral Theories -Reality Theory	-Lecture -Discussion -Case study (PPT, Video clip)	Dr.Warangkana
8	-Buddhist Approach in Counseling	- Lecture -Case study	Dr.Warangkana
9	-Stages of Counseling Process	-Lecture -Discussion -Assignment (PPT, Video clip)	Dr.Warangkana
10	-Basic Counseling Skills	-Lecture -Assignment (PPT, Video clip)	Asst.Prof. Dr. Adam
11	-Principle of Rehabilitation Counseling	-Lecture -Practice - Assignment	Lecturer Onanong

week	Topic	Teaching Activities / Media	Lecturer
		(PPT, Video clip)	
12	-Ethics in rehabilitation counseling	-Lecture - Discussion - Report (PPT, Video clip)	Lecturer Onanong
13	-Application of Theory to Practice(1)	-Lecture -Discussion -Case study -Assignment (PPT, Video clip)	Dr.Pakamas
14	-Application of Theory to Practice(2)	-Lecture -Case study -Discussion -Report (PPT, Video clip)	Dr.Pakamas
15	-Counseling Techniques -Topic Idea: Research in Counseling	-Discussion and Critique -Research articles	Dr.Warangkana
16	Final examination	-	Dr.Warangkana

Teaching Methods: Lecture, Discussion, Brainstorm, Case study, Stimulated and Assignment

Evaluation of Student Achievement Grading system:

Course Objectives	Evaluations	Marks
1. Explain concept of counseling and the process of rehabilitation counseling.	Presentation	2
	Work	3
	Knowledge	15
	Participation	5
		25
2. Explain theories, techniques of counseling, strengths and limitations of each theory.	Presentation	2
	Work	3
	Knowledge	15
	Participation	5
		25

Course Objectives	Evaluations	Marks	
3. Apply counseling theories and techniques appropriately to the process of rehabilitation counseling for person with disabilities.	Presentation	2	25
	Work	3	
	Knowledge	15	
	Participation	5	
5. Follow the role and function of professional ethics in rehabilitation science for person with disabilities	Presentation	2	25
	Work	3	
	Knowledge	15	
	Participation	5	
Total			100

A = 90-100 Marks

B+ = 85-89 Marks

B = 75-84 Marks

C+ = 70-74 Marks

C = 60-69 Marks

D+ = 55-59 Marks

D = 50-54 Marks

F < 50 Marks

Course Evaluation: Questionnaire about contents, teaching processes, examinations and instructor performance.

Required Textbook

Corey, G. (Ed.) (2005) **Case Approach to Counseling and Psychotherapy**, 6th edition, CA.: Thomson Brooks/Cole.

Gandy, G. L. (Eds.) (1999) **Counseling in the Rehabilitation Process: Community Services for Mental and Physical Disabilities** . 2nd edition . Charles C Thomas Publisher,LTD.

Other References

- Follow the instruction of lecture in each topic

Course Coordinators

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