

Factors Related to Happiness of the Undergraduate Students in Suranaree University of Technology of Academic Year 2016

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ABSTRACT

The objective of this research was to determine the happiness of undergraduates by comparing the happiness of undergraduates according to their backgrounds and factors associated with the happiness of undergraduates in Suranaree University of Technology of Academic Year 2016. Four hundred students who had studied in Suranaree University of Technology from 1 to 8 years were selected to participate this study. Data were collected through questionnaires and analyzed statistically to produce percentages, mean scores and correlation. In terms of happiness of the students, it was found that students enjoyed the overall environment of the university. Students were proud of being a college student with high mean scores. Students felt ownership of the university with high mean score. Students living on campus were happy with high mean score according to overall categories. By comparison of happiness of the students, female students were happier than male students. Freshmen, students in Geotechnical Department, who lived in the eastern areas were happier than others. Students who had a high grade point average were happier than those who did not. Considering factors associated with happiness according to student's background, it was found that gender had a positive correlation with the family happiness. GPA was positively correlated with "kindness happiness". The family income was positively correlated with "health happiness" and "overall happiness." Having a scholar as a student was positively correlated with "financial happiness." Students who had received loan scholarships had a positive relationship with the "family happiness." Students with average income per month were positive associated with "spiritual happiness."

Keywords: happiness, student backgrounds, identity, uniqueness.